



NEWS RELEASE

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Governor Abbott Appoints Dr. Manuel Quiñones to Texas Medical Board *San Antonio physician is one of only 5 Texans selected to help shape Texas medicine*

(San Antonio – June 4, 2018) Dr. Manuel “Manny” Quiñones, a board certified, family practice physician, has been appointed by Governor Greg Abbott to serve on the Texas Medical Board. He is one of only five Texas doctors and the only one from San Antonio to be selected.

The Texas Medical Board is the state agency tasked with regulating the practice of medicine state-wide. Its mission is to protect and enhance the public's health, safety and welfare by establishing and maintaining standards of excellence used in regulating the practice of medicine and ensuring quality health care for the citizens of Texas through licensure, discipline and education.

“This has been a lifelong dream for me,” said Dr. Quiñones, who will serve on the board until April 2023. “It is such a great honor and the pinnacle of medicine.”

This [San Antonio doctor](#) has spent decades treating countless people in the Alamo City – helping to better their lives and their health – and now he will have a chance to help improve medicine throughout the Lone Star State.

While Dr. Quiñones is passionate about medicine, he feels especially strong about two areas which improve access to care for all patients in Texas. One is promoting the use of telemedicine, which allows patients in rural settings and under-served areas or patients with limited insurance coverage to access medical care via a computer.

“You could be sitting on your back porch in Redford, Texas and access care from an excellent physician via computer when there are no other options,” he said. “Technology today grants us that access when well regulated. Of course, there is nothing like seeing your doctor in person, but for some Texans, that option does not exist. It may sound futuristic, but the future is here.”

He would also like to see mid-level providers – or advanced care practitioners and nurse practitioners – play a more prominent role, assisting physicians and possibly regulated to work more autonomously.

“I’m very comfortable with the role of mid-level providers, their dedication and training, and I believe with proper regulation and support, they can do even more,” he said. “Physicians cannot do everything for everybody, everywhere all the time. There just aren’t enough of us. We have to work together as a team to provide access to care for all Texans.”

Dr. Quiñones, who is one of the founders of [HealthTexas Medical Group](#), has been practicing medicine

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for 35 years. On average, he sees 20 patients a day. Generations of families come to see the devoted physician.

“A lot of my adult patients, I delivered, and those patients bring me their kids,” he said, adding that he has done “everything in family medicine,” including delivering babies.

Dr. Quiñones stresses that while there is a place for the growing number of urgent care facilities in Texas, it is important to see your primary care doctor regularly. “It’s a double-edged sword. Urgent care has a place for people who need to be seen after hours and on weekends. The best medicine is when you see the doctor you have been seeing for years. There are a lot of things that aren’t on a medical record.”

Known to patients and staff as “Dr. Q,” he is a Texan through and through. Dr. Q was born in San Antonio, has served as past president of the Bexar County Medical Society, and enjoys spending time hunting with his wife, who is a nurse practitioner, at their “Flying Pig Ranch” in Medina County.

Dr. Q sees what he calls the “South Texas Triad” as the biggest health problem that needs to be tackled in Texas: diabetes, high blood pressure, and high cholesterol. And it’s why he is committed to help his patients and his fellow Texans.

“I love practicing medicine,” he said. “The standard should be the highest quality, every patient, every time.”

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